

# Classes

## Kindergym

A movement based program for children ages 0-5 years. A great opportunity for you and your child to play together in a fun and safe environment.

## Sensory Playgroup

A fun and engaging opportunity for kids to get messy - and have an opportunity to explore in a positive play environment. Suitable for ages 0-5. Dress for mess!

## Music Class

A fun, noisy and stimulating experience for children to communicate through sound and play. Explore a variety of instruments and move to music - suitable for ages 0-5 years to adolescents. (Can be for both)

## Cooking (Fussy Eaters)

Take the fuss out of mealtime and get your tots in the kitchen! A safe, fun and hands-on experience to encourage children to explore different foods and learn basic cooking skills! Ages 3-6 years.

## Cooking (Older Kids)

Start your kids on their journey to independent cooking and learn how to make fresh, easy, seasonal and healthy meals from scratch! A culinary experience for ages 7-12 years.

## Wellness Class

Happy, calm and light-hearted fun for children to explore yoga and engage in a mindful experience. Learn yoga poses, breathing techniques and soothing strategies to embrace your inner calm. This bonding experience is also extended to family members and caregivers.

## Art Class (0-5)

A quality art experience for your little Picasso. Build self confidence and promote creativity whilst learning the basics of art and craft. Dress for mess. Fridge art at its finest! Ages 0-5.

## Art Class (6-12)

Develop their artistic talent and experiment under some creative direction. An exciting experience for the older kids to explore different textures and mediums. Ages 6-12.

## Sensory Slime

Our popular and interactive slime workshops are great for beginners and slime experts. Suitable for children ages 6-12.

## Free play / Gym

Unstructured play for kids to have fun and get moving!



**Making  
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**Holiday  
Program**

# Holiday Program



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-10:30 <b>KINDERGYM</b> 0-5Y \$17	9:30-10:30 <b>(FUSSY EATERS) COOKING</b> 3-6Y \$25	9:30-10:30 <b>SENSORY PLAYGROUP</b> 0-5Y \$17	9:30-10:30 <b>MUSIC CLASS</b> 0-5Y \$20	9:30-10:30 <b>ART CLASS</b> 0-5Y \$25	9:00-10:00 <b>WELLNESS CLASS</b> Any age \$17
11:00-12:00 <b>GYM</b> 6-12Y \$17	11:00-12:30 <b>COOKING</b> 7-12Y \$25	11:00-12:30 <b>SENSORY SLIME</b> 6-12Y \$25	11:00-12:00 <b>MUSIC CLASS</b> 6-12Y \$20	11:00-12:00 <b>ART CLASS</b> 6-12Y \$25	10:30-12:00 <b>COOKING</b> 7-12Y \$25
1:00-2:30 <b>ART CLASS</b> 6-12Y \$25	1:00-2:00 <b>WELLNESS CLASS</b> Any age \$17	1:00-2:30 <b>ART CLASS</b> 6-12Y \$25	1:00-2:00 <b>WELLNESS CLASS</b> Any age \$17	1:00-2:30 <b>COOKING</b> 7-12Y \$25	1:00-2:00 <b>FREE PLAY GYM</b> 6-12Y \$17